

# Supplies

(This list is not exhaustive. A few additional items may be needed, but this list should get you started.)

## Craft Supplies

- Craft sticks
- Play-dough
- Crayons or markers
- Donated knit shirts to upcycle, with or without sleeves, one per child
- Scissors
- Chalk
- Stick-on alphabet letters, enough for your group
- Sequins, buttons and other decorative items
- Glue sticks
- Pens or pencils
- Bows such as those used at Christmas
- Red and green craft paper
- Lengths of ribbon, 12-15-inches, five per student
- Jingle bells, five per student
- Praying hands stickers
- Yarn
- Construction or craft paper
- Permanent markers
- Red and white chenille stems, two per student
- Black chenille stems, five per student
- Foam board
- Play dough
- Rulers
- Wool or polyester batting
- Narrow ribbon
- 10 pony beads
- Lanyard hooks, 1 per student
- Paper clips
- Puzzle pieces, 15-20 per student
- Tape
- A boy puppet
- Metallic string to make hangers
- Balloons, 3-4 per student
- Water balloons

## Food Supplies

- Cocktail sausages
- Refrigerated crescent rolls
- Cheese slices
- Pretzel rods and sticks
- Honey mustard
- Popcorn

- Individual coated candies, such as M&Ms
- Dried fruit
- Flour
- Zippered plastic bags
- Sandwich bags
- Tortillas
- Cream cheese
- Strawberries, apples and raisins
- Marshmallows
- Chocolate chips
- Crackers
- Cereal
- Small star cookie cutter
- Disposable serving gloves, knives, spoons, bowls, cups and plates
- Hand sanitizer or wipes

## Game Supplies

- Dice
- Parachute or a large sheet
- Small soft balls
- Rope
- Game cones (for soccer or other sports), 10
- Kick balls
- Small flat objects (buttons, bottle caps, rocks, shells) or beanbags
- Hula hoops

## Other Supplies

- Christmas tree with lights on it
- First aid kit
- Nameplate labels
- 6 Christmas gift bags
- Bed sheet or length of rope
- Pillow
- Index cards, four per student
- Funnels, made from cut disposable water bottles or purchased
- A rod
- A staff
- Drink can pull tabs
- Hygiene kit items: bar soap, comb/brush, toothpaste, toothbrush, travel-size shampoo, wash cloth, sanitizing wipe, bandages
- Hygiene kit container, one per student



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LCMS Disaster Response



# CAMP COURAGE

*A Place of Hope and Healing*

by Gail Pawlitz

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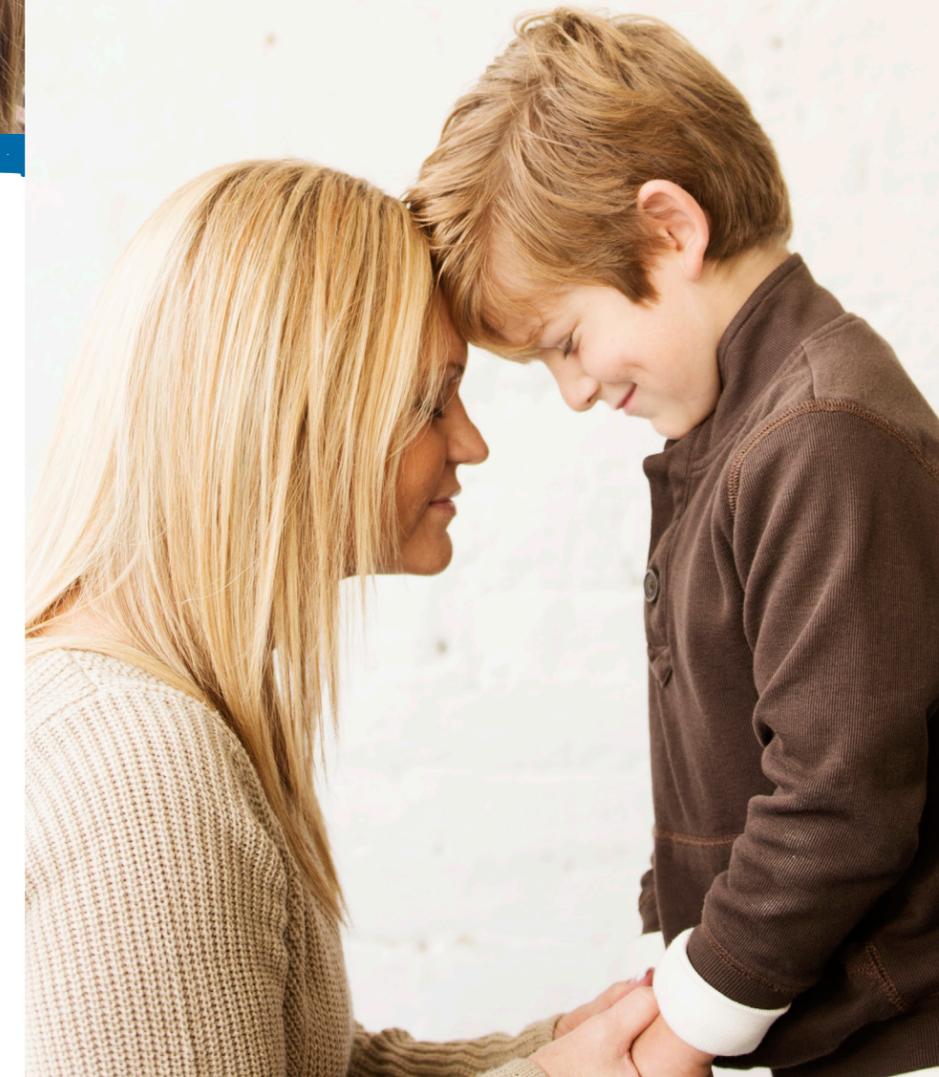
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# CAMP COURAGE

*A Place of Hope and Healing*



# CAMP COURAGE

provides a week of fun, engaging opportunities designed for children who have been directly or indirectly affected by a disaster.

The goal of the week is that children will gain spiritual tools and practical tips to deal with their fears, find relief from stress and develop coping mechanisms. More importantly, they find in God's Word the truth of His extravagant love. They will gain strength and courage through learning Bible verses, prayers, hymns and songs.

Each session consists of Bible stories, puppet skits, crafts, games, snacks, challenges, journal writing and disaster preparedness. There are additional options for afternoon field-trips and on-site projects.

## The target audience?

- Children ages 5–11 form the target age for this experience
- Class sizes may vary, but 15 students are the target number
- Enrollment is limited by resources, pace and helpers, but 45 is a good number
- By extension, families of children also benefit

## What staff members do I need?

The staff consists of a program director, an on-site director, teachers/leaders for the components and other volunteers who assist with students as well as set up. All staff should undergo background checks. Ask your pastor to help lead openings and closings. He can also provide spiritual care as needed. A multi-media specialist takes pictures or videos and compiles them for the closing. As an option, you can schedule afternoon field-trips where children can learn from the experts how to be prepared and how to help in times of disaster.

- Program director
- On-site director
- Teachers
- Multi-Media Specialist
- Field Trip Coordinator (optional)

Daily Goal	Bible Theme Thread	Bible Story Thread
1. Reflect on God's Grace	God Gives Me Gifts	Jesus Is Born (LUKE 2)
2. React to God's Invitation to Pray	God Hears and Answers My Prayers	Jesus Stills the Storm (MARK 4)
3. Develop Resiliency	God Is with Me	Jesus Heals Jairus' Daughter (MARK 5)
4. Build and Rebuild Lives	God Is My Sure Defense	Jesus, the Good Shepherd (JOHN 10 AND PS. 23)
5. Feel Restored	God's Goodness and Mercy Are Mine Forever	Jesus Appears on the Emmaus Road (LUKE 24)



## What does the program include?

- 1. Opening and Closings**  
Gather in God's name. Through puppets, music and prayers start off the day together.
- 2. Bible stories**  
Study a special Bible story and grasp the theme for the day.
- 3. Bible challenge**  
Dig deeper into the Bible story and make personal connections.
- 4. Games**  
Move to think. Move to gain insights and learn Bible truths.
- 5. Crafts**  
Create something. Use your hands to make something that reflects your learning.
- 6. Snacks**  
Make a snack that helps you think about the lesson of the day.
- 7. Comfort and Courage bags**  
Make and fill a take-home bag to grab the next time you need comfort and courage.
- 8. Journaling**  
Write to process learning.

## Suggested Schedule

- Breakfast ..... (optional)
- Registration
- Opening ..... 20 minutes
- Bible Story ..... 20 minutes
- Daily Challenge ..... 20 minutes
- Game ..... 20 minutes
- Craft ..... 20 minutes
- Snack ..... 20 minutes
- Comfort and Courage bags ..... 20 minutes
- Journal time ..... 20 minutes
- Closing ..... 20 minutes
- Lunch ..... (optional)
- Field-trips ..... (optional)